

Wisconsin Department of Regulation & Licensing

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ATHLETIC TRAINERS AFFILIATED CREDENTIALING BOARD

EVALUATION AND TREATMENT PROTOCOL

s. 448.956 (1), Stats.

This protocol form is to be completed by the consulting physician and must be typed or printed except where signatures are required.

(1) The athletic trainer shall notify the consulting physician as soon as possible if a person being treated by the athletic trainer sustains new injuries.

(2) If the athletic trainer or the consulting physician of the athletic trainer determines that a patient's medical condition is beyond the scope of practice of the athletic trainer, the athletic trainer shall refer the patient to a licensed chiropractor, dentist, physician, physical therapist, or podiatrist who can provide appropriate treatment to the patient.

(3) The athletic trainer shall modify or terminate treatment of a patient that is not beneficial to a patient or that the patient cannot tolerate.

(4) A copy of this protocol shall be maintained by the athletic trainer at his or her place of employment at all times. (Please **do not** return this form to the Department of Regulation & Licensing.)

(5) This protocol must be updated no later than 30 days before renewal of the athletic trainer's license by the credential holder. (This form **must be updated** anytime the consulting Physician changes between renewals.)

The consulting physician shall affirmatively state by placing a "yes" in the blank in front of the services enumerated below, those evaluation, treatment and rehabilitative procedures that the athletic trainer may perform in evaluating and treating athletic injuries. A "no" shall be put in the blank in front of the evaluation, treatment or rehabilitative procedures that the athletic trainer should not perform in the evaluation and treatment of athletic injuries.

_____ (1) Taking a basic medical history when necessary for evaluation and treatment of an athletic injury that may include, previous medical history, previous surgical history, pertinent family medical history, current medication history including known drug allergies, relevant social history, chief medical complaint and history of the present injury or illness for which the person to be treated is seeking evaluation and treatment.

_____ (2) Evaluation of the athletic injury utilizing any of the following procedures:

- _____ palpation
- _____ general observation
- _____ motion assessment
- _____ muscle strength tests
- _____ endurance tests
- _____ neurological assessment
- _____ joint play assessment
- _____ functional evaluation
- _____ objective physical measurement
- _____ circulatory assessment

Wisconsin Department of Regulation & Licensing

_____ (3) Utilize treatment procedures to treat an athletic injury including:

- _____ emergency care
- _____ ultrasound
- _____ phonophoresis
- _____ electrical nerve stimulation
- _____ iontophoresis
- _____ specified diathermy
- _____ intermittent compression
- _____ traction
- _____ therapeutic massage
- _____ moist heat
- _____ paraffin baths
- _____ cryotherapy

_____ (4) Utilize rehabilitation procedures to rehabilitate an athletic injury including:

- _____ progressive resistance exercise
- _____ range of motion exercise
- _____ trigger point therapy
- _____ joint mobilitation for range of motion only
- _____ proprioceptive neuromuscular facilitation
- _____ functional exercise
- _____ cardiovascular exercise
- _____ aquatic exercise
- _____ taping, bracing and splinting.
- _____ isokinetic exercise
- _____ isometric exercise
- _____ isotonic exercise

_____ (5) Administer specifically enumerated drugs.

In addition to engaging in athletic training under this protocol, a licensed athletic trainer may do any of the following (s. 448.956 (2), Stats.):

(a) Monitor the general behavior and general physical response of a person to treatment and rehabilitation, including monitoring whether the person's behavior or response show abnormal characteristics and monitoring whether the person exhibits abnormal signs or symptoms.

Wisconsin Department of Regulation & Licensing

(b) Suggest modifications in treatment or rehabilitation of an injured person to the consulting physician or any other health care provider who is providing treatment to the person.

(c) Develop and administer an athletic training program for a person. An athletic training program may include providing education and counseling to a person.

When working on behalf of his or her primary employer, a licensed athletic trainer may, in accordance with this protocol do all of the following. (s. 448.956 (3), Stats.) :

(a) Treat and rehabilitate an athletic injury using cold, heat, light, sound, electricity, exercise, chemicals or mechanical devices.

(b) Evaluate and treat a person for an athletic injury that has not previously been diagnosed.

(c) Treat or rehabilitate an employee of the primary employer with an injury that is identical to an athletic injury and that has resulted from an occupational activity as directed, supervised and inspected by a physician, or by a chiropractor who has the power to direct, decide and oversee the implementation of the treatment or rehabilitation.

ATHLETIC TRAINER

Name _____

Address _____
(Current address as it appears on file with the Department of Regulation and Licensing)

City _____ State _____ Zipcode _____

Business Telephone _____ License Number _____

Signature _____ Date _____

CONSULTING PHYSICIAN

Name _____

Address _____
(Current address as it appears on file with the Department of Regulation and Licensing)

City _____ State _____ Zipcode _____

Business Telephone _____ License Number _____

Signature _____ Date _____